

Prior to attending work or class, review if you have any COVID-19 symptoms at:

www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/about-covid-19/self-monitoring



If you have symptoms and are fully vaccinated, monitor self.

- > Seek testing, even with mild symptoms.
- > Advise your instructor, supervisor or College contact of your situation and seek direction about working or learning from home or sick leave options. Keep them informed as to your health status.
- > Remain off-campus until your symptoms are resolved, your self-isolation period has passed AND/OR you present proof of an acceptable negative COVID-19 test result.



If you have symptoms and are not fully vaccinated, isolate self.

- > Seek testing immediately.
- > Advise your instructor, supervisor or College contact of your situation and seek direction about working or learning from home or sick leave options. Keep them informed as to your health status.
- > Remain off-campus until your symptoms are resolved, your self-isolation period has passed AND/OR you present proof of an acceptable negative COVID-19 test result.

If you are a close contact of a positive COVID-19 case:



If you are fully vaccinated, monitor self for symptoms for 14 days. Seek testing if symptoms develop.
Follow the College's instructions, above.



If you are not fully vaccinated, you must self-isolate for a minimum of 14 days and seek testing immediately.
Follow the College's instructions, above.

Visit saskatchewan.ca regularly for complete and up-to-date information related to COVID-19 health measures and protocols.

**This guide is provided to assist Carlton Trail College staff/students navigate decision-making regarding COVID-19 and its impact within the organization.*